

From the Director's Desk

*By Robin McAtee, PhD, RN, FACHE, Director,
Arkansas Geriatric Education Collaborative (AGEC),
a Geriatric Workforce Enhancement Program
(GWEP) at the University of Arkansas for Medical
Sciences (UAMS) Donald W. Reynolds Institute on
Aging (DWR IOA)*

Is this a new AGEC era?

What a difference a few weeks make. Last time I wrote this newsletter, we at the AGEC were preparing for a very busy end of winter and early spring with several exciting programs and activities scheduled! We were all really looking forward to better weather and traveling the state to conduct programs and see our community-based and academic partners in action. And now.... we are still very busy, but differently...

[read more](#)

Age-Friendly Healthcare in Rural Arkansas

*By Leah Tobey, MBA, PT, DPT
Clinical Coordinator
Arkansas Geriatric Education Collaborative,
University of Arkansas for Medical Sciences*

My name is Dr. Leah Tobey and I am the clinical coordinator for the AGEC team. As part of our HRSA Geriatric Workforce Enhancement Program, we have goals to improve clinical health outcomes of older adults in the primary care setting. Our partnered clinics are with ARcare, a federally qualified healthcare clinic network. Specifically, the two clinics where we partner with to improve outcomes for older adults are ARcare England and ARcare Augusta. I help provide up-to-date and evidenced-based trainings to clinicians, particularly focused on age-friendly work practices, tests and measures to enhance patient experiences and improve outcomes of older adults in these rural areas.

As a member of the 2020 Institute for Healthcare Improvement (IHI) Age-Friendly cohort...

[read more](#)

Does Age-Related Hearing Loss Worsen Cognitive Decline?

*By Natalie Benafield, Au.D., CCC-A
Communication Sciences and Disorders
University of Central Arkansas*

Most of us associate aging with a decline in hearing acuity, with good reason. Two-thirds of individuals over 70 years of age have a loss in hearing that would be considered clinically significant. Communication obviously suffers, causing frustration for both the person with the hearing loss and their family members. However, it is estimated that less than one-quarter of individuals with age-related hearing loss seek treatment. Evidence is mounting that...

[read more](#)

Polypharmacy: Definition, Causes, and Solutions

*By Lisa C. Hutchison, PharmD, MPH, BCPS, BCGP
University of Arkansas for Medical Sciences (UAMS)
College of Pharmacy*

Polypharmacy may be defined as a number of medications, ranging from as few as two to as many as 21. The most common numerical threshold for polypharmacy is 5-6 or more medications. However, a patient with diabetes, chronic kidney disease, hypertension and heart failure is easily prescribed more than 6 medications if treated according to accepted guidelines making them all potentially appropriate for the individual. Polypharmacy may be defined as...

[read more](#)

Hospice: A Transition of Care to End of Life

*By Dr. Angela Schmidt, Professor Emeritus
College of Nursing and Health Professions
Arkansas State University*

Transitioning from one care setting to another in the United States Healthcare system, has become complex and problematic, especially for older adults and other vulnerable populations.

Included in these transitions is hospice care, provided at home, in a hospital, a nursing home, or in a facility specifically designated for hospice care delivery. This care delivery is holistic and is delivered by an interdisciplinary team of physicians, nurses, social workers, therapists, clergy, and often volunteers. It is available to...

[read more](#)

Arkansas Geriatric Education Collaborative (AGEC)/Geriatric Workforce Enhancement Program (GWEP)
University of Arkansas for Medical Sciences
4301 West Markham, #798
Little Rock, AR 72205
agec@uams.edu
agec.uams.edu

UPCOMING 2 HOUR FREE CE EVENT May 13, 2020

Wed: 11AM - 1PM

"The Aging Eye"

Presented by: Sami

Uwaydat, MD and

Katie Brown, OD.

Please [visit our main CE webpage](#) for

**more info, including
livestreaming and
CE processes.**



Free 2 HR Webinar - The Aging Eye

May 13th 11:00 AM

**PRE-REGISTER
HERE**

Like Us on Facebook and Follow us on Twitter

to hear about
upcoming
information on
FREE CE
opportunities and
other health
professional
programs!



**The Arkansas
Geriatric Education
Collaborative's
mission (AGEC)** is to
provide high quality
programs that support
healthy aging in
Arkansas for older
adults.

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove®

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

4301 Markham St. #798
Little Rock, AR | 72205 United States

This email was sent to .
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.