

Upcoming AGECEC Webinar Opportunities

August 18, 2021 - Radiofrequency
Ablation & Neuromodulation:
The Pain Treatments of the Future
Johnathon Goree, MD

September 15, 2021 - COVID:
Long-haulers - What to Expect
Anand Venkata, MD

October 7, 2021 - Diversity in
Dementia
Lee Isaac, PsyD

[More Info](#)

From the Director's Desk

*By Robin McAtee, PhD, RN, FACHE
Director, Arkansas Geriatric Education
Collaborative (AGEC), a Geriatric Workforce
Enhancement Program (GWEP) at the University
of Arkansas for Medical Sciences (UAMS) Donald
W. Reynolds Institute on Aging (DWR IOA)*

Welcome summer, and now to look back at spring and the rebeginning of some community programs. As the AGECEC moved into spring this year, outreach programs continued and we started planning for in-person programs again, so exciting. Some of our partners have also started conducting in-person trainings and programs and we are thrilled to help them! Most of our virtual programs continued this quarter with great attendance and participation. The AGECEC staff also published an article entitled...

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New Reflections on Gerontology from an Old Nurse

*By Danette Scherer, MSN, RN, CCRN
Nurse Educator, Quality Management Coordinator
University of Arkansas for Medical Sciences*



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Arkansas Geriatric
Education Collaborative

Prepare yourself for some mind bending, belief shattering insights. These truths I share with you are a part of my personal growth journey that began in February 2021 when I was hired as a nurse educator with the Arkansas Geriatric Education Collaborative (AGECEC). When I went through nursing school, almost 30 years ago...

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Blending the Generations – an Intergenerational Community Program



*By Ashton Howell, CBIS, OTS
Occupational Therapy, University of Central Arkansas
Faculty Mentor: Dr. Cathy Acre Ed.D., OTR/L, FAOTA*

Blending the Generations is an intergenerational program created by UCA Occupational Therapy student, Ashton Howell, as part of her doctoral capstone project. Currently, the program has nineteen participants - seven from the older generations and twelve from the younger generations. Blending the Generations is designed to bridge the gap...

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Continuous Glucose Monitoring: Potential Benefits in Type 2 Diabetes Mellitus

*By Madeline Malloy, Doctor of Pharmacy Candidate, and
Lisa C. Hutchison, PharmD, MPH, BCPS, BCGP
University of Arkansas for Medical Sciences (UAMS)
College of Pharmacy*



Type 2 diabetes mellitus (T2DM) is a common condition that is caused by insulin resistance, resulting in an increase in blood glucose levels. Diabetes disproportionately affects adults aged 65 and older with 1 in 4 receiving a diagnosis. Stabilizing glucose levels has shown to be increasingly more important in diabetes...

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Oral Health Inclusion in Nursing Curriculum



*By Mark Foster, DNP, APRN, FNP-BC
Assistant Professor, School of Nursing
Arkansas State University*

Adequate oral health is considered a crucial part of overall health and well-being (Llyas, Zahid, Rafiq, Bilal, & Ishaq, 2018). Oral health can be defined as having, "non-bleeding gums, free of infection, pain, xerostomia, halitosis, and sensitivity." Oral health also encompasses the ability

to smile, chew, taste, speak, swallow, and touch. This generally means that the person...

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Ageless Grace as an Exercise Modality

By Laura Stilwell, MEd

Education Coordinator

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The mission of Arkansas Geriatric Education Collaborative (AGEC) is to provide high quality programs that support healthy aging in Arkansas. Two physical fitness programs used by AGEC are Tai Chi for Arthritis and Fall Prevention and Ageless Grace (AG). AG is an exercise program that, through muscle group targeting, meets the criteria...

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