certifies that

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

participated in the live activity entitled

Mind Full or Mindful? An Overview of Mindfulness

January 11, 2023

and is awarded ­­­­1.0 *AMA PRA Category 1 CreditsTM*

The UAMS Office of Continuing Education designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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A transcript of all participation in UAMS accredited CE activities, is available from the Office of Continuing Education website 24/7. To obtain a transcript go to <https://uams.cloud-cme.com>. Transcripts for this activity will be available 6-8 weeks after the activity.

*Please direct questions to:*

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