



# Denture Cleaning Tips

It is important to properly care for your denture(s) to maintain good oral health.

## Essential Tools to Clean a Denture



### **Denture brush**

Gently brush denture before soaking at night. Replace it every 3 months.



### **Liquid soap**

Use a soft liquid soap to brush denture before soaking.



### **Denture solution**

Soak denture nightly.

# Denture Care Tips

- Brush outer and inner surfaces of the denture with a soft liquid soap to avoid scratching the denture.
- Place in denture solution using room temperature water after brushing the denture prior to bed.
- Do not sleep in denture to avoid oral infections.
- If denture is removed during the day, place denture in room temperature water.
- Do not use toothpaste or cleaning solutions (i.e. vinegar, bleach, hydrogen peroxide, or baking soda) on denture.
- If you have dry mouth, sip on water and use products to promote saliva production (i.e. saliva substitute).
- Avoid tobacco products.
- Visit a dentist twice a year to make sure the denture is fitting properly.

---

## Connect with us

### **Arkansas Geriatric Education Collaborative (AGEC)**

4301 West Markham St, #798  
Little Rock, AR 72205

**AGEC@uams.edu**

**501-603-1965 | agec.UAMS.edu**

*The AGEC is funded by the Health Resources  
and Services Administrations Geriatric Workforce  
Enhancement Program under Cares Grant #TIMHP39072*

### **Department of Dental Hygiene**

4301 West Markham St, # 609  
Little Rock, AR 72205

**501-686-5734 | UAMS.info/OralCare**